

Schedule at a Glance

*The Kick-Off Session and Closing Keynote are open to all conference attendees.

The Nck-Off Session and Closing Reynote are open to all conference attendees.			
Thursday, October I	Kick-Off Session*	Conference Welcome	
	9:00 a.m 9:20 a.m. CST	Mary McGowan	
	Opening Keynote	Healing the Fragmented Selves	
	9:30 a.m 11:00 a.m. CST	Dr. Janina Fisher	
	Session I 11:30 a.m 1:00 p.m. CST	The Impact of Trauma on Child Development: Considerations for Early Childhood Mental Health	
	11.50 a.m 1.00 p.m. C51	Dr. Katie Lingras	
Tuesday, October 6 (Sensorimotor/OT)	Session 2	Clinical Observations: A Trauma-Informed Approach	
	9:30 a.m 1:00 p.m. CST	Éadaoin Bhreathnach & Nick Smith	
Thursday, October 8	Session 3 9:30 a.m 11:00 a.m. CST	Treating the Traumatized Family: Step-by-Step Family Engagement	
	7.30 a.m 11.00 a.m. C31	Dr. Scott P. Sells	
	Session 4	Intersection of Neurological Disorders (Panel)	
	11:30 a.m 1:00 p.m. CST	McMahon, Nelson, Marquez, Clark, & Luther	
Tuesday, October 13 (Sensorimotor/OT)	Session 5	Implementation of the Just Right State Protocol	
	9:30 a.m 11:00 a.m. CST	Chris West	
	Session 6	Healing Through Body Connection	
	11:30 a.m 1:00 p.m. CST	Kaya Lyons	
Thursday, October 15	Plenary I 9:30 a.m 11:00 a.m. CST	Healing Relational Trauma: Dyadic Developmental Psychotherapy with an Adult Survivor of Childhood Trauma	
		Kim S. Golding From Teen to Young Adult: Integrating Treatment to	
	Session 7	Support Parent-Child Preparedness	
	11:30 a.m 1:00 p.m. CST	Krista Nelson	
Tuesday, October 20 (Sensorimotor/OT)	Session 8	Using Sandplay as a Tactile Medium for Emotional Expression	
	9:30 a.m 11:00 a.m. CST	Maude LeRoux	
	Session 9	The Power of Play: Exploring Pre-Verbal Methods for Social, Emotional, and Sensory Well-Being in Children	
	11:30 a.m 1:00 p.m. CST	Caroline Essame & Caroline Clay	
Thursday, October 22	Plenary 2 9:30 a.m 11:00 a.m. CST	SAI An Integrated Approach to Developmental Trauma	
	7.30 a.iii 11.00 a.iii. C31	Éadaoin Bhreathnach	
	Session 10 11:30 a.m 1:00 p.m. CST	Aging out of Foster Care: A Youth's Perspective (Panel)	
	. 1.00 a 1.00 p.m. 001	Jessica Rogers, Andrew Lemmie, & Youth Panel	
Tuesday, October 27 (Sensorimotor/OT)	Session II	The Development of a Trauma-Informed Clinical Observation	
	9:30 a.m 11:30 a.m. CST	Julie Davis & Emma Keogh	
	Closing Keynote*	Healing: Making Sense of a Complex Racial Identity	
	11:45 a.m 1:00 p.m. CST	Susan Harris O'Connor	





Welcome to the 32nd Annual ATTACh Conference! We are thrilled that you are joining us, and pledge to you that you will come away with new information, new ideas, and new energy in your relationships with children. ATTACh is here to help heal developmental trauma and attachment disorders, and to support parents and clinicians in their quest to apply research and techniques for the betterment of each of us who work with these wonderful children.

Our team has worked diligently to transition from our in-person conference to a virtual format. While the method of delivery has changed, we believe that you will find the content reflective of the standard you have come to expect from ATTACh.

Our wonderful staff and your ATTACh Board are ready to answer any questions and help in any way with your participation in the conference – please do not hesitate to reach out to one of us. We want you to feel at home.

Thank you for your dedication to improving the lives of children. Together we are changing the world, and their future.

With our best wishes, Mary and Norm



Mary M. McGowan, Executive Director ATTACh



Norman E. Thibault, Board President ATTACh

ATTACh Board of Directors:
Sue Badeau
Gail Curran
Nicole Fuglsang
Tom Jones
Maude Le Roux
Araceli Salcedo
Wendy Watson







FOSTERING FAMILIES



















Special Thanks

ATTACh extends our appreciation to the Conference Committee for contributing their talents, enthusiasm, and dedicated support for the 32nd Annual Conference. This event would not be possible without them!

Jocelyn Black
Wendy Watson
Deena McMahon
Tina Hudson
Shefali Gandhi
Alexis Orberdorfer
Jill Smith
Barb Clark

Tyler Reitzner
Jenni Voorhees
April Wallace
Lorie Jensen
Sarah Ruhnow
Shelly Gill Murray
Jenni Buskirk
Lucius Luther

Kate Jorges
Wendy Raun
Lynn Kopfmann
Katie Olson
Lisa Krause
Misty Coonce
Katy Armendariz
Deb Fjeld

Parent Social Event

Thursday, October 1, 4:30 p.m. - 5:30 p.m. CST

Connect with parents who relate to your parenting journey. Share stories and laughter together, and play fun games for a chance to win prizes.

Professional Networking Social Event

Thursday, October 1, 4:30 p.m. - 5:30 p.m. CST

Join colleagues and friends from around the country and share professional and personal stories.

This is a time to connect and refresh.

OT Community Social Event

Tuesday, October 6, 4:30 p.m. - 5:30 p.m. CST

Join us for a time of fellowship as we learn more about each other and the work we all do. Grab something to eat and drink after the day's sessions and let's simply enjoy some OT time together. We want to know about you, what you do, and how the information of this conference may contribute to your work.

Debriefing Session for Parents

Thursday, October 8, 1:00 p.m. - 2:00 p.m. CST

Reflect on new learnings with other parents. Think of it like a post-session support group.

Meet our Sponsors & Exhibitors Live in the Whova App!

Find out more about their programs and services with easy one-click access. We are excited to have over 30 exhibitors at the touch of your fingers. Register for prizes!

Contests Ongoing

Through the month of October, post on social media to win prizes and memberships. Check out our Whova App for meet-ups and chat rooms! Connect with colleagues and friends from around the world.

"Improving the Lives of Children and their families" for over 85 years

For more than 85 years, The Barry Robinson Center has been improving the lives of children and families. The Center offers a residential treatment program for boys and girls, ages 6–17, with mental health issues, including a dual diagnosis program for teens with substance abuse issues. The Center also offers community based services including an outpatient substance abuse program for teens and a treatment foster care program.





Services Offered

Residential Treatment ages 6 - 17
Therapeutic Foster Care
Substance Abuse &
Treatment for Adolescents



443 KEMPSVILLE RD. | NORFOLK, VA 23502 1-800-221-1995 | 757-455-6100 barryrobinson.org



Leading Multi-Dimensional Program for Girls Struggling with:

Attachment/Relationship • Trauma • Anxiety

Depression •Identity Development • Substance Abuse

Progressive and Innovative Treatment Programs:

Intense Clinical Therapy • Family Involvement • Equine Therapy Cultural Arts Integration • Yoga & Healthy Lifestyles Experiential Therapy • Horticultural Therapy

www.uintaacademy.com • (435) 245-2600









Opening Keynote: Healing the Fragmented Selves



Plenary 2: SAI An Integrated Approach to Developmental Trauma



AFBPsS
enary 1: Healing Relational Trauma: Dyad

Plenary I: Healing Relational Trauma: Dyadic Developmental Psychotherapy with an Adult Survivor of Childhood Trauma



Closing Keynote: Healing: Making Sense of a Complex Racial Identity

8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:00 a.m. - 9:20 a.m. Kick-Off Session with Mary McGowan

9:30 a.m. - 11:00 a.m. Opening Keynote: Dr. Janina Fisher

Session 1 11:30 a.m. - 1:00 p.m.

Parent Social Event 4:30 p.m. - 5:30 p.m.

Professional Networking Social Event 4:30 p.m. - 5:30 p.m.

All sessions are Central Standard Time (CST)

Kick-Off Session with Mary McGowan

Opening Keynote: Healing the Fragmented Selves, 1.5 **CE Hours.** Children maintain attachment to abusive caregivers by disowning themselves as "bad," resulting in a failure of selfacceptance maintained by shame, self-loathing, and denial. To overcome self-alienation, we must cultivate clients' ability to observe their painful emotions as disowned child selves and access the capacity for empathic attunement to these parts. **Learning objectives:** 1) Describe the relationship between early attachment trauma and self-alienation; 2) Recognize the clinical signs of self-alienation; 3) Identify distressing emotions and impulses as communications from parts of self; 4) Articulate

Janina Fisher, Ph.D., is an international expert on the treatment of trauma, Assistant Director of the Sensorimotor Psychotherapy Institute, and author of Healing the Fragmented Selves of Trauma Survivors (2017).

survival; 5) Foster "earned secure attachment" as the outcome of

the ways in which these parts supported the individual's

attachment bonding between adult and child self.

Session 1: The Impact of Trauma on Child Development: Considerations for Early Childhood Mental Health, 1.5

CE Hours. This workshop will discuss impacts of trauma on child development, with a particular focus on children ages 0-5 and their families. Cultural contexts of development and trauma (i.e. historical trauma) will be considered and participants will be encouraged to evaluate how their own views and biases may shape their conceptualizations. Adverse Childhood Experiences (ACEs) and trauma will be discussed and distinguished. Finally, participants will learn strategies for recognizing, assessing, and working with young children and families affected by trauma. Learning objectives: 1) Define and distinguish types of stressful and/or traumatic experiences; 2) Understand basic early brain development concepts and how trauma impacts these processes; 3) Identify the role of protective factors in fostering resilience among young children who experience trauma; 4) Recognize and explain assessment/treatment options for

Katie Lingras, Ph.D., LP, University of Minnesota - Dept. of Psychiatry & Behavioral Sciences, MN



Discover a compassionate approach for adopted adolescents at Three Points Center



Three Points Center is first and only residential treatment center in the nation created specifically for helping adopted youth and their families.

Adoption can present specific attachment and trust issues, so the creation of a customized 360° approach and a compassionate environment is essential. The end goal of our expert team of experienced adoption-informed therapists is to help adopted adolescents feel whole, and families to heal.

Our unique approach makes a difference. Let us show you how.



Repair heartbreak. Regain trust. Restore harmony. Ph: 435.635.0636 | Hurricane, Utah



Learn more at fulsheartransition.com

HEAR

8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:30 a.m. - 1:00 p.m. Session 2

4:30 p.m. - 5:30 p.m. OT Community Social Event

All sessions are Central Standard Time (CST)

Session 2: Clinical Observations: A Trauma-Informed Approach, 3 CE Hours. Clinical Observations are part of Occupational Therapists' routine assessments. What hasn't been considered to date is the impact of trauma on the child's capacity to perform these test items. This workshop addresses this issue and presents a trauma-informed approach to conducting Clinical Observations and other assessments. Learning objectives: 1) Discuss professional considerations when clinically assessing children with attachment trauma; 2) Adapt Clinical Observations to avoid activating trauma behaviors; 3) Differentiate sensory-based behavior from attachment behavior; 4) Discuss common administrative errors and Ayres' original guidelines; 5) Discuss the findings of a normative sample of UK primary school children and implications for future research.

Éadaoin Bhreathnach, MSc., Sensory Attachment Intervention Consultancy, Ballynahinch, Ireland Nick Smith, MSc., Juniper Tree Therapy Ltd, Leeds, England

HARNESSING THE POWER OF

JOURNALISM & MEDIA

TO IMPROVE SYSTEMS SERVING

CHILDREN, YOUTH & FAMILIES



Fostering Families Today is a bi-monthly publication dedicated to providing resource kinship, foster and adoptive parents with the most up-to-date parenting information.



The Chronicle of Social Change is an online publication dedicated to news coverage of child welfare, juvenile justice, mental health and educational issues faced by vulnerable children.

CONTACT SIMONE FOR SUBSCRIPTIONS & SPONSORSHIPS SIMONE@FOSTERINGMEDIACONNECTIONS.ORG



8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:30 a.m. - 11:00 a.m. Session 3 11:30 a.m. - 1:00 p.m. Session 4

1:00 p.m. - 2:00 p.m. Debriefing Session for Parents

All sessions are Central Standard Time (CST)

Session 3: Treating the Traumatized Family: Step-by-Step Family Engagement, 1.5 CE Hours. Learn how to successfully engage the whole family in services starting with a phone call. Using a seven-question script based on Motivational Interviewing, participants will learn the transferable Family Systems Trauma (FST) techniques of "stick and move" and "closing statements" to engage families in receiving and successfully completing the program. **Learning objectives:** 1) Apply the seven-question MI Phone Call Script to your own clients the next day at work; 2) Discover how the MI Phone synchronizes with Prochaska's Readiness to Change research; 3) Compare how the MI Phone creates a soft start-up to treatment vs. the traditional harsh start-up; 4) Adapt FST techniques to different cultures and settings; 5) Observe demonstrations of how to handle challenges with treating children and families together in trauma treatment.

Scott P. Sells, Ph.D., MSW, LCSW, Family Trauma Institute, MO

Session 4: Panel: Intersection of Neurological Disorders, **1.5 CE Hours.** This panel with tackle the complex challenge that parents and professionals face when working with children with co-occurring neurological disorders. Children struggle with attachment challenges that present in unique and complex ways. This discussion will focus on the manifestation of each disorder as it shows up in our community clinics, schools, and homes, and an array of strategies for effective responses. Learning objectives: 1) Identify and differentiate unique characteristics and challenges of RAD, PTSD, FASD, and ADHD; 2) Understand three treatment/ parenting strategies to utilize for each disorder; 3) Develop insight and ideas for addressing attachment repair as these disorders intersect; 4) Recognize how to put out the biggest fire first, in terms of problematic symptoms; 5) Integrate systemic family-focused strategies, both at home and in therapy, that assist the child and parent in gaining skills that improve ways to cope.

Deena McMahon, MSW, LICSW, McMahon Counseling & Consultation LLC, MN

Krista Nelson, LICSW, LMFT, Family Circle Counseling PLLC, MN Alma Marquez, MSW, LICSW, Amherst H. Wilder Foundation, MN Barb Clark, BA, NACAC, MN Lucius Luther, MA, Therapeutic Parent, MN



Spring Ridge Academy connects a *college preparatory* curriculum with sophisticated *therapeutic programming* in a boarding school environment.

All Girls Therapeutic Boarding School

We interweave multimodal clinical work; comprehensive support services; college-prep academics; a connected milieu; and social, emotional, and life skills. Our community fosters healthy relationships in emotional, relational, intellectual, physical, and spiritual realms while helping young women embody a sense of self that drives their relationships, thoughts, and feelings.

Kate Deily Admissions Director (928) 899-5839 kdeily@springridgeacademy.com

Suzie Courtney Executive Director (928) 925-5965 scourtney@springridgeacademy.com

www.springridgeacademy.com

8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:30 a.m. - 11:00 a.m. Session 5

11:30 a.m. - 1:00 p.m. Session 6

All sessions are Central Standard Time (CST)

Session 5: Implementation of the Just Right State Protocol: Secure Children's Home, 1.5 CE Hours. Adults

working in secure children's homes experience significant vicarious trauma. Use of the Just Right State protocol, utilizing theories of sensory integration, regulation, and attachment, provides opportunities to support higher levels of self and co-regulation in staff, and the ability to utilize these strategies with young people. **Learning objectives**: 1) Explain the impact of vicarious trauma on staff in a secure unit; 2) Critique risk factors and constraints regarding use of equipment; 3) Apply a whole team approach to understanding stress, sensory, and attachment behaviors. *Chris West, OT, The Adoption Consultancy 360 Ltd, Exeter, England*

Helena, MT 59601 • (406) 442-7920 www.intermountainresidential.org

Session 6: Healing Through Body Connection, 1.5 CE

Hours. Understanding and interpreting the language of the body can assist us to connect with each other and ourselves. For children who find it challenging to communicate, understanding and supporting the body is an integral part of trauma recovery. This workshop will aid therapists, parents, and supports to read and respond to the language of the body, and support organization through sensory-motor interactions. **Learning objectives:** 1) Discuss the sensory-motor link to body postures; 2) Discuss the link between posture, emotion, and trauma; 3) Analyze postures and emotions held in the body.

Kaya Lyons, OT, Active OT for Kids, Bondi Junction, Australia



8:00 a.m. - 2:00 p.m. 9:30 a.m. - 11:00 a.m. 11:30 a.m. - 1:00 p.m. Virtual Exhibit Hall Open
Plenary 1: Kim S. Golding
Session 7

All sessions are Central Standard Time (CST)

Plenary 1: Healing Relational Trauma: Dyadic Developmental Psychotherapy with An Adult Survivor of **Childhood Trauma, 1.5 CE Hours.** This presentation explores a three-year therapy journey; it describes how presenter and client applied Dyadic Developmental Psychotherapy (DDP) to adult therapy and what they learned about childhood abuse, growing up in foster care, and recovering from developmental trauma and loss. The presentation will include readings from the book presenter and client subsequently wrote together. Learning objectives: 1) Describe how DDP can be applied to adult therapy; 2) Explain the impact of childhood abuse and growing up in foster care; 3) Explain the building up of psychological defenses in childhood. Kim S. Golding, CPsychol, AFBPsS, provides consultation, training, and therapy to help those who have grown up in or were adopted from foster care. Kim is a trainer in DDP. She is also an author, writing for those whose lives have been touched by developmental trauma.





Healing and elevating lives using proven family solutions.

Listed on SAMHSA's National Registry of Evidence Based Programs and Practices.

800-244-1113 • ALPINEACADEMY.ORG



Session 7: From Teen to Young Adult: Integrating
Treatment to Support Parent-Child Preparedness, 1.5 CE

Hours. One of the most tumultuous developmental milestones in adoption can be the transition from teen to young adult when a youth is not ready. Leaving then returning home, triggered attachment insecurity, and its resulting destructive behavior can be components of a consuming pattern of events, well recognized by families and youth in the thick of it. This workshop is for therapists to refine their strategies for guiding struggling youth and parents through these years. Steps of therapy, as well as practical information will be highlighted through case scenario, discussion, and demonstration. Emphasis will be given to helping regulate the strong emotional impact within adoptive parents and older teens alike. What constitutes success, independence, and responsibility for youth taking untraditional routes to adulthood? How can parents commit to their child, even when safety is in question, at this critical time of life? **Learning objectives:** 1) Name predictable developmental crises for youth with early life attachment disruptions as they face becoming young adults; 2) Become familiar with developmental crises or grief for parents of youth who are entering adulthood without the traditional markers of readiness, as this transition intensifies anxiety and conflict between parent and teen; 3) Assess and engage the intense emotional and relational dynamics between emerging adult teens and their parents/ caregivers that surface in family therapy; 4) Utilize strategies of Internal Family Systems, mindfulness, and Developmental Dyadic Therapy to facilitate coping and connection between young adult and parents, through demonstration then case application in dyads; 5) Gain ideas on how to help parents hold the relationships with their teens while setting boundaries and shifting their protective focus, as teens explore own adulating path.

Krista Nelson, LICSW, LMFT, Family Circle Counseling PLLC, MN



Restoring Hope. Reshaping Futures.



Our Services

OUTPATIENT/COMMUNITY MENTAL HEALTH SERVICES FOSTER CARE/ADOPTION • RESIDENTIAL TREATMENT

ILLINOIS

Nexus-Indian Oaks Family Healing Nexus-Onarga Family Healing

MARYLAND

Nexus-Woodbourne Family Healing

MINNESOTA

Nexus-FACTS Family Healing
Nexus-Gerard Family Healing
Nexus-Kindred Family Healing
Nexus-Mille Lacs Family Healing

NORTH DAKOTA

Nexus-PATH Family Healing

nexusfamilyhealing.org

8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:30 a.m. - 11:00 a.m. Session 8

11:30 a.m. - 1:00 p.m. Session 9

Session 9: The Power of Play: Exploring Pre-Verbal Methods for Social, Emotional, and Sensory Wellbeing in Children, 1.5 CE Hours. Play is the language of childhood and when there is trauma, there are often no words to express or process the experience. We are dealing with the unspeakable. This workshop will introduce the Developmental Play Model, which demonstrates an approach to practice through preverbal play. Learning objectives: 1) Describe the model of

Developmental Play; 2) List the developmental Stages of Play in

the Developmental Play model; 3) Demonstrate pre-verbal play

Caroline Essame, OT, CreateCATT, Singapore Caroline Clay, OT, CreateCATT, England

processes.

Session 8: Using Sandplay as a Tactile Medium for Emotional Expression, 1.5 CE Hours. Discover the relationship of the touch system (defensiveness, seeking, etc.) and emotional-relational functioning. Sandplay is shown as an effective compliment to the work of sensory integration. Discover the power of following the child's lead to healing through the journey of one sample case illustrating the dual relationship of sensory and emotional regulation. Learning objectives:

1) Identify three key aspects of overlap between touch and emotional regulation; 2) List five key principles of Sandplay as a key technique for OT's in trauma-informed care; 3) View case illustration over the course of two years to support the effectiveness of Sandplay as one sensorimotor-based approach. Maude Le Roux, OTR/L, The Maude Le Roux Academy, PA

Thursday, October 22

8:00 a.m. - 2:00 p.m. Virtual Exhibit Hall Open

9:30 a.m. - 11:00 a.m. Plenary 2: Éadaoin Bhreathnach

11:30 a.m. - 1:00 p.m. Session 10

All sessions are Central Standard Time (CST)

All sessions are Central Standard Time (CST)

Plenary 2: SAI An Integrated Approach to Developmental Trauma, 1.5 CE Hours. SAI is informed by the theories of Developmental Trauma, Psychobiological Regulation, Sensory Integration, and Attachment. It focuses on developing the capacity to self-regulate and co-regulate in the context of an attachment relationship. This address will look at the origins of this clinically driven model, its core principles, and use of assessments. Learning objectives: 1) Discuss the impact of attachment trauma on sensory and attachment behavior; 2) Chart and explain the SAI Model of Function; 3) Use the SAI model of trauma to chart individual cases.

Éadaoin Bhreathnach, MSc., is an Ireland-based developer of a trauma model called Sensory Attachment Intervention (SAI) in which individuals learn to self-calm through the use of sensory regulating activities that can be easily embedded into daily routines. Session 10: Panel: Aging out of Foster Care: A Youth's Perspective, 1.5 CE Hours. A journey through foster care through a youth's perspective will share just that, the ins and outs, the ups the downs, and the successes of youth and young adults who are in and aging out of the foster care system. There will be a focus on the impact a unique non-profit provides through their holistic programs and services at Connections to Independence (C2i). Learning objectives: 1) Discuss real-life examples of barriers for youth aging out of foster care; 2) Plan improved ILP's for youth with a youth lens/perspective at the forefront; 3) Apply a different thought process around working with youth aging out of foster care.

Jessica Rogers, Connections to Independence, MN Andrew Lemmie, Connections to Independence, MN

8:00 a.m. - 2:00 p.m.

Virtual Exhibit Hall Open

Session 11

11:45 a.m. - 1:00 p.m.

9:30 a.m. - 11:30 a.m.

Closing Keynote: Susan Harris O'Connor

All sessions are Central Standard Time (CST)

Session 11: The Development of a Trauma-Informed Clinical Observation, 2 CE Hours. The workshop will explore the use of HRV, Sensory Integration/motor-based therapies, along with education of newly adoptive parents to see changes in sensitivity and emotional regulation of the parents, and how these activities can be applied in multiple settings to alter emotional regulation in the child and parent. Learning objectives: 1) Describe the changes in HRV before and after intervention; 2) Discuss the role of Sensory Integration and attachment; 3) Explain the impact Future Stars had on the sensitivity of the parent; 4) Recognize the discourse markers linked to SNS/PNS and HRV; 5) Recognize the altered reflective functioning before and after the impact of 14 weeks of intervention.

Julie Davis, BHSc OT, Future Steps Occupational Therapy Children & Adult Service, Stockton on Tees, England

Emma Keogh, MSW, Advancing Attachments Ltd, England

Closing Keynote: Making Sense of a Complex Racial Identity, 1 CE Hour. During this keynote presentation, Susan will introduce the audience to her racial identity model and theory told within her racial identity autobiographical narrative. Her model is directed toward transracial and international adoptees and youth in care who have been transracially placed. It has important implications for clinical practice, discussions on race, personal development, and training for foster and adoptive parents. Learning objectives: 1) Increase awareness of how multidimensional a racial, cultural, ethnic identity can be; 2) Reframe complex racial/ethnic identities to exist within a normative model; 3) Better equip professionals, parents, and allies in discussing and holding complex racial and ethnic identities with clients and their families; 4) Increase awareness of how racism impacts racial identity development.

Susan Harris O'Connor, MSW, LICSW, ASQ/CQIA, has worked full-time for over 30 years having held Program Director positions in the areas of family services, foster care, adoption, post-adoption services, and family support, to name a few. She created The Harris Narratives:

An Introspective Study of a Transracial Adoptee (2012) and has performed her narratives over 100 times as a keynote addressee.



Healthy Emotions Program

Brooklyn Park Medical Office Building (MOB), Edina

Programming on Telehealth Now accepting Medica Insurance!

"Skills, Support and Intervention"

The components of HEP include Teen Skills, Parent Skills, and Parent-Teen Activities.

Programming is offered Monday through Thursday.

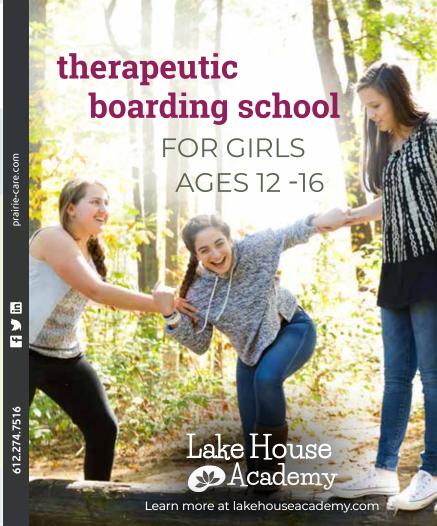
Groups consist of ages 12-18 at all locations.

•Teen Skills: Each day will consist of a Teen Skills lesson, Therapeutic Activities, and Mindfulness Activities. Emotional management skill-building is incorporated throughout programming.

-Parent Skills: Parent(s) or caregiver(s) will meet with staff from 6:00 to 7:00pm on Tuesdays. They will learn and practice strategies to support their children in their development of healthy emotion regulation skills.







\$40 Flat Rate for Full Conference (Tuesdays & Thursdays)
\$20 Flat Rate for Tuesdays Only
\$20 Flat Rate for Thursdays Only
Visit our conference page at attach.org for the CE registration links.

This event is co-sponsored by R. Cassidy Seminars P.O. Box 14473, Santa Rosa, CA and ATTACh, 3001 Metro Drive, Suite 290, Bloomington, MN 55425

Satisfactory Completion

Participants must have paid tuition fee, signed in, attended the entire conference session(s), completed an evaluation, and signed out in order to receive a certificate. Failure to sign in or out will result in forfeiture of credit for the entire session(s). No exceptions will be made. Partial credit is not available.

Psychologists

R. Cassidy Seminars is approved by the American Psychological Association to sponsor continuing education for psychologists. R Cassidy Seminars maintains responsibility for this program and its content. Up to **24** Continuing Education Credits/Hours.

Psychoanalysts

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0005. (up to 24) clock hours. Live online.

Social Workers

CA: The BBS has deferred CE course approvals to APA and ASWB for its licensees. See Psychologists and Social Workers.

IL: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #159.000782. Up to 24 hours

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0006. Up to **24** contact hours. Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for up to 24 clock hours, #RCST110701

Counselors/Marriage and Family Therapists:

CA: The BBS has deferred CE course approvals to APA and ASWB for its licensees. See Psychologists and Social Workers.

Other States: If your state is not specifically listed, nearly all state Counselor and MFT boards accept either APA or ASWB approval, or are reciprocal with other state licensing board approvals, such as those listed below. Check with your board to be sure. The Ohio and New York Boards include Counselors and MFTs.

IL: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #168-000141. Up to 24 hours.

NY-LMHCs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0015. (up to **24**) contact hours. Live online.

NY-LMFTs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0011. (up to **24**) contact hours. Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for up to 24 clock hours, #RCST110701 TX: Approved CE Sponsor through the Texas State Board of Examiners of Marriage & Family Therapists. Up to 24 credit hours. Provider #151 Creative Arts Therapists

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists. #CAT-0005. Up to (24) contact hours. Live online.

Chemical Dependency Counselors

CA: Provider approved by CCAPP, Provider #4N-00-434-0220 for up to 24 CEHs. CCAPP is an ICRC member which has reciprocity with most ICRC member states

TX: Provider approved by the TCBAP Standards Committee, Provider No. 1749-06, up to **24** hours general, Expires 3/2019. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512) 476-7297.

Nurses

CA: Provider approved by the CA Board of Registered Nursing, Provider #CeP12224, for up to 24 contact hours. Many state nursing boards are reciprocal with those of other states. Check with your board to be sure.

Occupational Therapists



R. Cassidy Seminars is an American Occupational Therapy Association (AOTA) Approved Provider No. 6782. This course is offered for (up to **24**) CE Clock Hours (1 Clock Hour = .1 AOTA CEUs). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Teachers/Educators

TX: R. Cassidy Seminars is an approved provider with the Texas Education Agency CPE# 501456. This course is up to 24 CE Hours.

Disability Access - If you require ADA accommodations please contact our office 10 days or more before the event. We cannot ensure accommodations without adequate prior notification.

Please Note: Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, if you have questions or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.



MAKING A DIFFERENCE.

At Centene, we believe we all play an important role in the healthy development of our children. As a leading healthcare enterprise, Centene provides services to more children living in the foster care system than any other managed care organization, and we are proud to join those in our communities who make a difference for children and families.



Conference Registration Form

REGISTRATION INFORMATION	I am a:
Name :	□ Professional: □ Student □ Teacher
Affiliation:	□ Child Welfare Worker □ OT □ Other:
Organization:	I have attended previous ATTACh conference (check one):
Address:	□ None □ 1-3 □ 4-7 □ 8 or more
Phone:	MEMBERSHIP INFORMATION
Email: Special Accommodations (i.e. Special Needs, Vegetarian Meals):	 □ I have just joined ATTACh using the form below! □ I am an ATTACh parent member □ I am an ATTACh professional member □ I work for an organizational member □ I am not an ATTACh member
	Join ATTACh today and save on registration fees!
	n should be addressed in writing and submitted to questions@attach.org.
•	and take advantage of the discounted member price for the
□ Organizational Membership ~ \$350	
□ Professional/Clinical Membership ~ \$150	
□ Parent/Student* ~ \$60	
☐ Registered Clinician or Organizational Status**	~ Applicable dues of \$175 or \$400 respectively
	Total Membership Payment: \$

*Students must provide proof of current enrollment in psychology, social work, or similar field.

***Discounted rate only applies to subsequent employees of member organizations once one full fee is paid.

^{**}First application requires submission of separate application and supporting documents plus \$25 fee; see www.attach.org for application and instructions.

32ND ANNUAL ATTACH CONFERENCE REGISTRATION INFORMATION

Early: Until August 16	After August 16
Full Registration	Full Registration
October 1-27	October 1-27
ATTACh Member □ \$250	ATTACh Member □ \$300
Non-member □ \$300	Non-member □ \$350
Tuesdays (all 4 in October)	Tuesdays (all 4 in October)
ATTACh Member □ \$200	ATTACh Member □ \$250
Non-member □ \$250	Non-member □ \$300
Thursdays (all 4 in October)	Thursdays (all 4 in October)
ATTACh Member □\$200	ATTACh Member □ \$250
Non-member □ \$250	Non-member □ \$300
Student/CASA Rate *Students must provide proof of current enrollment in psychology, social work, or similar field.	Student/CASA Rate *Students must provide proof of current enrollment in psychology, social work, or similar field.
October 1-27	October 1-27
Parent Rate *This rate is not meant for those with dual roles as both parent and professional. No CEs will be given.	Parent Rate *This rate is not meant for those with dual roles as both parent and professional. No CEs will be given.
October 1-27 □ \$150	October 1-27 □ \$150
Access recordings of the Conference (Closing Keynote excluded)	e sessions for the month of November

*20% off registration discount for groups of 5 or more from one agency.

*Parents: visit attach.org to apply for scholarships.

Please register online and provide payment by August 16, 2020 to receive early bird price. A \$50 handling fee will be deducted on cancellations made by September 16, 2020. No refunds will be made for cancellations after September 16, 2020. If purchased, Conference Recording Access will be forfeited if your conference registration is cancelled. See www.attach.org for details on how to register online.

*CEs are NOT included in the registration prices. For CE credits, pay R. Cassidy Seminars directly. See CEs page for more information.

The Most Trusted Name in Attachment and Trauma



Calo is the nation's leading residential treatment center specializing in treating and understanding the impact of early childhood trauma..

Experienced and Proven

For over a decade, Calo has created hundreds of successful outcomes for families struggling with developmental trauma. Serving preteens, teen boys, teen girls and emerging young adults.

