



An Open Table Opens Up Opportunities

home or family environment, the presence of a group of interested adults in their lives is so common as to be taken for granted. Not so for youth who have been in foster care. That's why the Open Table program is such a boon for youth as they age out of care.

Seanna has participated with DCFYI since she was 17 and remembers vividly her first group activity: paintball! Now 25, she was matched with a Table in 2022 at a challenging moment in her life.

"At that time, I was looking for apartments or room shares," said Seanna. "And I didn't know the first thing about looking for an apartment or a room." Enter Open Table.



Seanna decked out in camo for paintball.



Amy Donin, a member of Seanna's Table

"It helped me get a better sense of what I should be doing," said Seanna, who was matched with a group of seven. "I saw my Table quite frequently about finding an apartment and a job."

She's currently on a waiting list for a housing voucher, a process Seanna would have had trouble navigating on her own. As an Open Table participant, she didn't have to.





High fives after conquering a route at the adventure park.

Her Table members also helped her with the ongoing job hunt. Although Seanna already knew she should be punctual and dress professionally, her Table members encouraged her to answer interview questions with full, complete thoughts and sentences.

"I'd never thought of that before, but they're slowly getting me into it," she said.

Amy Donin is one of Seanna's Table members. Amy has had the opportunity to engage with Seanna not just during Table meetings, but while driving her home a few times. One thing she learned during those drives is that Seanna loves art and drawing.

As someone who isn't that much older than Seanna, Amy remembers well some of her concerns – finding that first apartment, that first job – although she knows she had one thing Seanna hasn't had.

"When I had issues with apartments, who could I call? Parents, friends, and coworkers could help me out," she said. "I couldn't imagine not having that support."



Like Seanna, Amy said she's learned from the wisdom and experience of other Table members as they bounce ideas off each other. "We're all different people," she said, noting that having such a diverse group is beneficial in other ways: for instance, when one member has a scheduling conflict or is less familiar with a topic, there's someone else who can step up. "It's nice to have that whole network."

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And of course, that's the point of Open Table. As she closed in on the one-year mark, Seanna anticipated keeping in touch with some Table members. She is quick to acknowledge how beneficial the Table has been for her.

"The most helpful thing I learned from them in the last year?" Seanna asked rhetorically. "Honestly, just stay positive. There are a lot of ups and downs, but you can learn from your downs and just be better."



supportive community and lasting relationships for teens and young adults who are in or have aged out of foster care.

Our UNCONDITIONAL COMMITMENT

Ve continued to rebuild our core program in 2022, working with newly referred teens as well as new volunteers. Volunteers continued to wrap support around both teens in care and young adults who have aged out.

We also expanded programming to better support youth as they transition to adulthood. Over the years, we had watched as, even with support from volunteers and staff, many youth struggled, simultaneously having to learn to manage housing, employment, finances, education, and/or health care issues.

Because of support from generous donors like you, in late 2021, the DCFYI board approved our first expansion of services, adding the **Open Table** program.

In Open Table, six to eight trained volunteers are paired with a youth (or "Friend"). They meet weekly for a year. Table Members support Friends in achieving whatever goals they set for themselves. The Friend is in charge; Table Members assist and share social capital to expand the Friend's resources.

	2022	2021
Teens in program	21	22
Young adults aged out of foster care in program	22	21
Prospective volunteers who attended orientation session	73	58
Youth (teens and young adults) matched with mentors	24	29
Teens matched with host families	1	0
Teens placed for adoption	1	1
Teens whose adoption was finalized	2	0
Open Table volunteers trained	44	15
Youth matched with Open Tables	7	0



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	2022	2021
REVENUE & SUPPORT		
Grants	\$62,940	\$62,940
Contributions from Individuals	\$169,841	\$116,601
Contributions from Organizations/Foundations	\$22,208	\$46,878
Contributions from Fundraising Event	\$58,045	\$56,219
Other Income (includes Employer Match and Interes	it) \$19,120	\$9,773
TOTAL REVENUE & SUPPORT	\$332,154	\$292,411
EXPENSES BY PROGRAM		
Program Services	\$251,960	\$187,254
Management and General	\$24,451	\$17,765
Fundraising	\$59,109	\$55,099
TOTAL EXPENSES	\$335,520	\$260,118
CHANGE IN NET ASSETS	(\$3,366)	\$32,293



	2022	2021
END-OF-YEAR CASH BALANCE	\$210,592	\$221,938
CASH BALANCE AS % OF TOTAL ASSETS	93%	97%



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