

LGBTQIA Resources for Teens and Young Adults

Washington D.C. and Maryland Resources

- [*CASA Ruby*](#); a multi-cultural and bi-lingual safe space for LGBTQIA youth and young adults in Washington, D.C. They provide a variety of educational services around preventative health, housing, social services, Latinx immigration services and support services for victims of violence.
 - Drop in and Respite Services
 - Emergency Hotline: 202-355-5155
 - 7530 Georgia Ave NW, Washington, DC 20012
- [*Supporting and Mentoring Youth Advocates Leaders \(SMYAL\)*](#); supports and empowers lesbian, gay, bisexual, transgender, and questioning (LGBTQ) youth in the Washington, DC, metropolitan region. Through youth leadership, SMYAL creates opportunities for LGBTQ youth to build self-confidence, develop critical life skills, and engage their peers and community through service and advocacy. Committed to social change, SMYAL builds, sustains, and advocates for programs, policies, and services that LGBTQ youth need as they grow into adulthood.
 - Youth housing program accommodates 26 residents in a transitional living program
 - Ages 18-24
 - To access housing services through the DC Coordinated Entry System, please contact the Youth House office at 202-567-3166 or e-mail [**housingteam@smyal.org**](mailto:housingteam@smyal.org).
- [*LGBTQIA Resource Guide \(Prince George County Youth\)*](#); a full resource guide of various LGBTQIA youth services in Washington Metropolitan area.
 - Hotline numbers and information
 - Advocacy and Legal Services
 - Centers and Community Groups
 - Counseling and Support
 - Health and Medical
 - Scholarships and Higher Education
 - Religious and Spiritual

- [*Rainbow Youth Alliance of Maryland*](#); an organization providing twice monthly, peer to peer support meetings for high school aged youth (13-18).
 - Located in DC, Maryland and Virginia
 - Meetings happen on the 1st and 3rd Sundays from 3:45pm-6pm
 - For more information about the groups contact [**ryacoordinator@gmail.com**](mailto:ryacoordinator@gmail.com)

- [*Pride Center of Maryland*](#); an organization geared towards uniting and empowering sexual and gender minorities in Maryland. They provide a range of free and confidential case management services to the community.
 - Employment
 - Health Care
 - Housing
 - GED/Educational services
 - Mental Health
 - For more information contact 410-777-8145

- [*MoCo Pride Center*](#); an organization working to organize, educate, provide support and outreach to the LGBTQ community and allies. The LGBTQ Youth forum host educational and social events throughout the year. They offer a trans youth support group and are in the process of developing an adult support group.
 - For more information contact [**hello@mocopridecenter.org**](mailto:hello@mocopridecenter.org) or at 240-542-8772

- [*Maryland Coalition for Families; Youth Helping Youth*](#); the youth helping youth program operates a council (Taking Flight), that is made up of young adult leaders ages 16-26.
 - For more information contact [**takingflight@mdcoalition.org**](mailto:takingflight@mdcoalition.org)

They also hold peer to peer support sessions and an advisory council. For more information visit the website to download the information flyer.